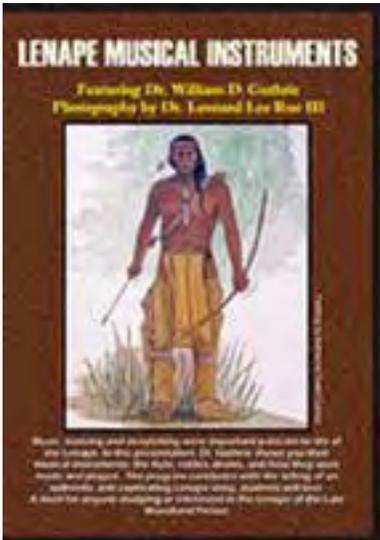


## LENAPE MUSICAL INSTRUMENTS



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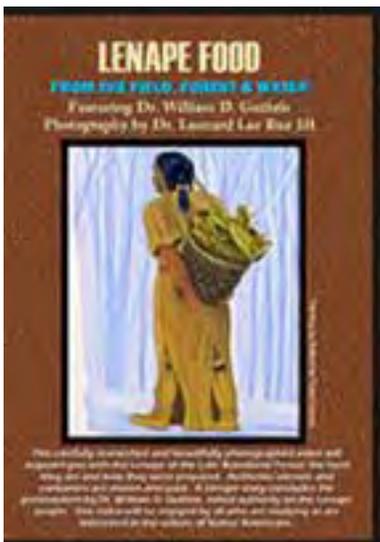
expressed the feelings of Lenape lives—who they were and what they believed. Along with storytelling, the Lenape passed down their history, their beliefs, and their legends through music.

In this video, you will hear that music as the Lenape did many years ago. See their instruments—rattles, drums, and flutes. Watch Dr. Guthrie fashion a flute with au-

thentic tools made from materials and creatures available in the natural environment. Learn the techniques of burning/scraping, splitting, drilling, and gluing.

Upon flute's completion, hear Dr. Guthrie weave its playing into a captivating Lenape tale.

## LENAPE FOOD



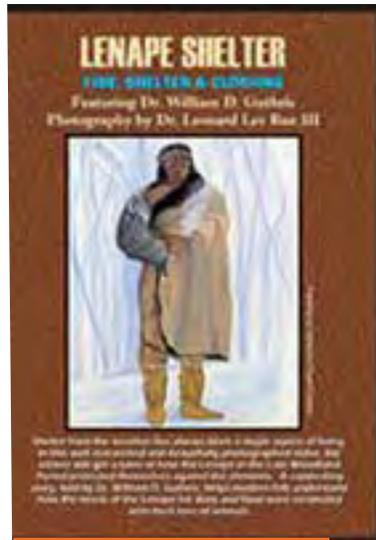
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Imagine living in the eastern woodlands and gathering all your own foods!

Using authentic stone, clay, shell, gourd, and wood-fashioned utensils and containers, Dr. Guthrie demonstrates the process of preparing foods as the Lenape did—gruel, boiled bread, planked fish, nut milk, venison jerky, and dried vegetables. See how

the Lenape fed themselves from the available land and water resources.

The presentation concludes with a Lenape story of parched corn, bear grease, and hominy.



Click here to see QuickTime® Sample Clip

Beginning with a view of an actual rock shelter, the viewer experiences ways the Lenape provided protection against the elements. See actual artifacts. Learn how they were fashioned from natural materials. Enjoy views of beautiful landscapes in the homeland of the Lenape. See how they constructed their homes and lived in them and how they made their clothing and wore it.

After weaving together the various aspects of providing shelter, the video concludes with a Lenape story,

*Rock Shut Up*. The story explores the harmony between the Lenape and their environment. Killing the very animals they so loved and respected was only done when necessary, and then every little bit was put to good use.

## LENAPE HUNTERS: MAKING A BOW, ARROW AND QUIVER & MAKING BUCKSKIN



Gain understanding of and appreciation for the many facets of daily Lenape life.

The primary source for many things essential to Lenape survival was the deer. To fell a deer, the Lenape needed weapons. See how they fashioned very effective weapons and implements needed to hunt and process the meat and hides all using only materials found in the region's fields, forests, and waters. Learn

the step-by-step process of tanning a hide the natural way from a fresh deer skin through leather suitable for clothing and moccasins.

The video concludes with the ancient Lenape tale, *The Hunter and the Owl*.

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